THE INTERNSHIP SEARCH

December 1st, 2020
Ask Yourself…

- What do you want to get out of your internship?
  - Based on your answers, decide what sort of organization you want to intern with, and where

- Do you want to intern in the summer or during the semester?

- Do you want or need to earn university credit?

- Do you need to think about financial support for your internship?
SGDE – Internships

- Students can register for 1 to 6 credits of internship in any given semester, including the summer terms (maximum of 3 credits in winter session)
  - 3 credits = 135 hours per semester, 8-10 per week in a 15-week semester
- A maximum of 6 internship credit hours may be counted towards most majors; 12 hours may count towards the overall degree.
- Internship courses are numbered 393 [GEOG or EVS] or 493 [Capstone]
- After securing your internship, you and your mentor will fill out a work plan and a risk assessment form and submit them to Dr. Rushbrook (dereka@arizona.edu) – you can also contact here with any questions you have as you are setting up your internship
How and where to look for internships

- Networking is key - both at UArizona and through informal networks
- Ask fellow students about internship experiences
- Volunteer in the local community
- Consider using Handshake and making a LinkedIn profile
- Check out websites of well-known companies and organizations
- Consider inquiring with companies/organizations that may not currently have interns
Paid vs unpaid internships

- Ideally, every student would have a paid internship; however most internships are unpaid. Consider the cost/benefits and what the intangible experiences the internship program may offer.

- Internships may be paid, but you can not use a job as an internship.

- If you acquire a paid internship elsewhere, be sure to consider expenses
  - Check housing and living cost estimates/calculators

- Found an internship that is un/underpaid? You may be eligible for Summer Impact Awards. Visit [https://career.arizona.edu/skills-experience/summer-impact-awards](https://career.arizona.edu/skills-experience/summer-impact-awards)
Some Tips…

■ Start looking early!
  – *Begin between 6-12 months before you intend to start the internship*
  – *Make a dedicated email folder and save internship announcements*
  – *If you know people in the field, ask for their advice*

■ If possible, ask previous interns for advice

■ Keep track of deadlines and required application materials in a spreadsheet, or a note in your phone.

■ Check in with Career Services (https://www.career.arizona.edu/) on campus for
  – *Help with resumes, CVs, and cover letters*
  – *Information on upcoming career fairs and other events*
  – *Resources on networking*
INTERNATIONAL STUDENTS

- International students are subject to additional requirements
  - You should check in with international student services and consider scheduling a one-on-one consultation to discuss your internship plans

- International students on F1 visa must apply for Curricular Practical Training (CPT) to receive authorization to work off-campus in a paid or unpaid position
Some internships in partnership with the University of Arizona

- Community and School Garden Workshop – GEOG or EVS 497F  
  [https://schoolgardens.arizona.edu/initiatives/csgp-workshop](https://schoolgardens.arizona.edu/initiatives/csgp-workshop)

- The Bio/Diversity Project Leadership Program – register via 393 or 493  
  [https://biodiversityproject.arizona.edu/get-involved/biodiversity-project-leadership-program](https://biodiversityproject.arizona.edu/get-involved/biodiversity-project-leadership-program)

- UC3 University-Community Sustainability Leadership Program – 393 or 493  
  [https://www.environment.arizona.edu/uc3-opportunities](https://www.environment.arizona.edu/uc3-opportunities)

- Watershed Management Group – 393 or 493  
  [https://waterwrld.arizona.edu/](https://waterwrld.arizona.edu/)
REAL ESTATE, URBAN PLANNING, AND PROPERTY MANAGEMENT

- Tucson Office of Sustainability
- Park Tucson
- Arizona Department of Water
- Tucson Electric Power
- Peach Properties
- Larsen Baker
- CBRE
- Tucson Realty and Trust
- Bourn Companies
- CRA – Commercial Retail Advisors
ENVIRONMENTAL ADVOCACY, EDUCATION, AND PROTECTION

- The Bio/Diversity Project Leadership Program
- Buenos Aires Wildlife Refuge
- Friends of Ironwood Forest
- Big Bear Discovery Center
- City of Tucson Environmental Services
- Saguaro National Park
- The Tucson Zoo
- Arizona-Sonora Desert Museum
PUBLIC POLICY, COMMUNITY ADVOCACY, HUMAN RIGHTS

- The Florence Immigrant and Refugee Rights Project
- International Rescue Committee
- Iskashitaa Refugee Network
- Downtown Tucson Partnership
- Historic Fourth Avenue Coalition
- Local First
- Habitat for Humanity
- Chicanos por la Causa
Interested in Research?

- Consider Research Experience for Undergraduates (REU) funded by the National Science Foundation
- Example: [https://www.arcticreu.earth/](https://www.arcticreu.earth/)
- Paid positions, often with faculty at different institutions
- Competitive application process
- Students interested in graduate school especially benefit
Legislative Internships

- At the state level, there are internship available in the senate, house of representative, office of the governor, supreme court, and the Arizona Capitol television.
  - [https://gcr.arizona.edu/legislativeinternship](https://gcr.arizona.edu/legislativeinternship)
  - 50 paid positions each session, open to students in universities across AZ regardless of degree field
  - The internship lasts for 18 weeks during the spring semester, beginning the first week of January. Interns receive a $5,000 stipend, plus a tuition/fee waiver and credit hours. Students from outside Maricopa County may be eligible for reimbursement of moving expenses up to $1,000 (with receipts).

- Students with related interest may also explore internship opportunities with politicians and administrators at the local level (in Tucson), and in their hometown
QUESTIONS?